

THE
SKINNY KITCHEN
LONDON



The Skinny Kitchen
BRUNCH



Brunch

Tiramisu French Toast	14
brioche french toast, tiramisu cream, coffee miso caramel. (v)	
Matcha Pancakes	14
fluffy buttermilk pancakes, matcha cream, blueberries, strawberries, dried raspberries and rose. (v)	
Halloumi & Avo	13.5
smashed avocado, cherry tomatoes, hot honey halloumi, poached eggs, chilli, harissa oil, lime. (v) add bacon 3	
Bacon & Eggs	11
bacon, free range scrambled eggs, avocado, sourdough toast.	
Golden Corn Fritters	12
crispy corn fritters, poached egg, jalapeño, and avocado salsa. (v) add streaky bacon 3 / halloumi 4	
Crushed Croissant	14
croissant, free range scrambled eggs, smashed avocado, rocket, parmesan. (v)	
Poke Toast	14
marinated salmon, avocado, edamame, wakame, wasabi mayo, sesame seeds, miso dressing, radish, sourdough.	
Chipotle Shakshuka	13
baked eggs, feta, spiced tomato, chipotle bean sauce, avocado salsa, sourdough. (v)	
Keto Breakfast	16
steak bites, cheesy fried eggs, avocado.	
Big Breakfast	9.5
bubble n squeak, homemade chipotle beans, poached eggs, toasted sourdough, grilled plum tomato, portobello mushroom. add streaky bacon 3 / cumberland sausage 2 grilled marinated halloumi 4 / avocado 3	

Sharing Plates

Olives, Focaccia, Aioli	7.5
Hummus, Harissa Oil, Flatbread (v)	7.5
Whipped Feta, Roasted Tomatoes, Garlic (v)	9
Arancini Balls, Tomato Butter Sauce, Pesto (v)	9
Creamy Burrata, Grilled Peach, Rocket, Basil (v)	12

OPEN SANDOS

Smiling Egg	9
soft boiled eggs, roasted cherry tomatoes, avocado salsa, chives, brioche. (v)	
Tiger Shrimp	9
tiger shrimp, sour cream, dill, lemon, brioche.	
Spicy Tuna	9
spicy tuna, jalapeños, dill, brioche.	

Please inform staff of any allergies. We cannot guarantee our food or drinks is free from nuts and other allergens. You must speak with a member of our team who will be able to advise you on our menu and take the necessary steps.

(V) - Vegetarian (VG) - Vegan

Lunch

SK Flatbread	16
marinated spiced chicken or hot honey halloumi, tzatziki, hummus, pickles, pickled red cabbage, pink onion, pickled cucumber, salad, harissa oil, flatbread. add skinny seasoned fries 4.5	
Spicy Chicken	15
buffalo chicken thighs, buttery mash, grilled corn, creamy slaw.	
Chicken Parmigiana	17
seasoned crispy chicken breast, tomato cream sauce, parmesan, mixed leaf salad, mashed potatoes.	
Baja Fish Tacos	15
chunky fried cod, slaw, avocado salsa, pink onion, spring onion, chilli, pico de gallo.	
Coconut Curry	16.5
cod or falafel, coconut thai red curry, mixed green vegetables, served with rice and fresh chilli. (vg option available)	
Miso Noodles	10
rice noodles, edamame, broccoli, pak choi, red pepper, carrot, miso dressing, chilli, toasted sesame. (vg) add salmon fillet 6 / chicken skewers 5 / miso mushrooms 4	
Superfood Salad	16
quinoa, roasted butternut squash, avocado, tomato, cucumber, asparagus, broccoli, roasted kale, mixed spiced nuts, pomegranate, honey dressing. (vg)	
Kale Caesar Salad	11
roasted kale, baby gem lettuce, brioche croutons, caesar dressing. (v) add salmon 5 / chicken 5 / prawns 5	
SK Burger	16
two smash beef or veggie patties, american cheese, pickles, secret sauce, baby gem, brioche bun, served with skinny seasoned fries. (v/vg option available)	
Crispy Chicken Burger	16
crispy buttermilk chicken, slaw, baby gem, tomato, sriracha mayonnaise, brioche bun, served with skinny seasoned fries.	

SIDES

Skinny Seasoned Fries (vg)	4.5
Truffle, Parmesan & Rosemary Fries (v)	7
Halloumi Fries, Avocado Salsa, Pomegranate, Mint (v)	8
Grilled Mixed Greens (v)	7

BOWLS

Poke Bowl	10
rice, edamame, wakame, avocado, cucumber, shredded carrot, crispy shallots, sesame seeds, miso dressing, wasabi mayo. (v) add salmon ceviche 6 / salmon fillet 6 / steak 8 / mushrooms 5	
Summer Glow Bowl	16
teriyaki salmon or chicken skewers, rice, tomatoes, cucumber, shredded carrot, pickled onion, sesame seeds, avocado salsa, miso dressing.	
Mediterranean Bowl	16
falafel, hummus, flatbread, harissa, chickpeas, quinoa, red cabbage, cucumber, salad. (vg)	
Low Cal Burrito Bowl	16
marinated chicken or prawns, rice, avocado, beans sweetcorn, jalapeños, tomato salsa, sour cream.	

