

THE
SKINNY KITCHEN
LONDON



The Skinny Kitchen
DINNER



Tapas Style Sharing Plates

Olives, Focaccia & Aioli olives, warm focaccia bread & homemade aioli. (v)	7.5
Hummus & Flatbread creamy hummus, topped with cucumber, tomato, onion & harissa oil. (vg)	7.5
Edamame steamed edamame beans tossed in mirin & flaky sea salt. (vg)	6
Whipped Feta creamy whipped feta, roasted tomatoes, garlic, olive oil, served with warm flatbread. (v)	9
Cauliflower Wings spicy cauliflower wings, spring onion, sriracha mayo. (vg)	8
Burrata & Peach Salad creamy burrata, grilled peach, rocket, basil. (v)	12
Arancini Balls cheesy arancini balls, served in a tomato butter sauce and topped with pistachio pesto. (v)	9
Beef Meatballs homemade smokey spanish meatballs, neapolitan sauce.	9
Chicken Skewers grilled chicken thigh, bell pepper sauce, pomegranate sauce, dukkah, parsley.	8
Crispy Baby Calamari crispy baby calamari, pickled veg, wasabi mayonnaise.	9
Tiger Prawn grilled tiger prawn, curry butter, chilli, lemon.	9

Meat & Fish

Sirloin Steak cafe de paris butter, mashed potatoes, mixed grilled greens.	22
Lamb Rump lamb rump, baby carrots, pea puree, mashed potatoes, madeira jus.	22
Grilled Salmon mushroom cream, spinach, enoki mushrooms, parsley oil.	18
Grilled Seabass french beans, baby potatoes, french peas, capers, lemon sauce, lemon.	18

SIDES

Skinny Seasoned Fries (vg)	4.5
Truffle, Parmesan & Rosemary Fries (v)	7
Halloumi Fries, Avocado Salsa, Pomegranate, Mint (v)	8
Mashed potato, brown butter, chives (v)	5
Grilled asparagus, parmesan (v)	7
Soy and garlic tenderstem broccoli (v)	6
Sticky white rice (v)	4

SK Classics

SK Flatbread <i>marinated spiced chicken or hot honey halloumi</i> , tzatziki, hummus, pickles, pickled red cabbage, pink onion, pickled cucumber, salad, harissa oil, flatbread. add skinny seasoned fries 4.5	16
Spicy Chicken buffalo chicken thighs, buttery mash, grilled corn, creamy slaw.	15
Chicken Parmigiana seasoned crispy chicken breast, tomato cream sauce, parmesan, mixed leaf salad, mashed potatoes.	17
Baja Fish Tacos chunky fried cod, slaw, avocado salsa, pink onion, spring onion, chilli, pico de gallo.	15
Coconut Curry <i>cod or falafel</i> , coconut thai red curry, mixed green vegetables, served with rice and fresh chilli. (vg option available)	16.5
Miso Noodles rice noodles, edamame, broccoli, pak choi, red pepper, carrot, miso dressing, chilli, toasted sesame. (vg) add salmon fillet 6 / chicken skewers 5 / miso mushrooms 4	10
Superfood Salad quinoa, roasted butternut squash, avocado, tomato, cucumber, asparagus, broccoli, roasted kale, mixed spiced nuts, pomegranate, honey dressing. (vg)	16
Kale Caesar Salad roasted kale, baby gem lettuce, brioche croutons, caesar dressing. (v) add salmon 5 / chicken 5 / prawns 5	11
SK Burger <i>two smash beef or veggie patties</i> , american cheese, pickles, secret sauce, baby gem, brioche bun, served with skinny seasoned fries. (v / vg option available)	16
Crispy Chicken Burger crispy buttermilk chicken, slaw, baby gem, tomato, sriracha mayonnaise, brioche bun, served with skinny seasoned fries.	16
Prawn Brioche Roll spicy prawns, marie rose sauce, avocado, tomato, baby gem, chives, brioche roll, crispy onions, served with skinny seasoned fries.	16.5

DESSERTS

Matcha Cheesecake baked green matcha cheesecake with white chocolate & matcha sauce. (v)	8.5
Half Baked Cookie Dough half-baked cookie dough, nutella, pistachios, vanilla ice cream. (v)	11
Chocolate Brownie chocolate brownie served with homemade vanilla ice cream. (v)	8.5
Sticky Date Pudding sticky toffee, dates, ice cream, candied walnuts. (v)	8.5

Please inform staff of any allergies. We cannot guarantee our food or drinks is free from nuts and other allergens. You must speak with a member of our team who will be able to advise you on our menu and take the necessary steps.
(V) - Vegetarian (VG) - Vegan