

## WINE LIST

### FIZZ

#### ARTIGIANALE NATURAL PROSECCO, TREVISO DOC, ITALY

GLASS 6, BOTTLE 30

Floral notes of Acacia and Wisteria on the nose with clean, delicate flavours of apple and white peach with a crisp dry finish. Vegan, low sulphite, low sugar.

### WHITE

#### FINCA CERRADA VIURA, SPAIN (ORGANIC AND VEGAN)

GLASS 5.50, CARAFE 14, BOTTLE 18

Ripe pineapple and citrus fruit aromas, with a crisp finish.

#### SARTORI ALMORANO PINOT GRIGIO, ITALY

BOTTLE 20

Delicate pear, white flowers and a subtle hint of almond on a zippy acidity.

#### COMBE ROCHER VIOGNER, FRANCE

GLASS 6.50, CARAFE, 18 BOTTLE 22

Intensely peachy nose with orange blossom and citrus.

#### ANANE SAUVIGNON BLANC, CHILE (VEGAN)

GLASS 7.50, CARAFE 20, BOTTLE 24

Ripe Gooseberry, guava and fresh garden pea aromas. Grassy and zesty on the finish.

### ROSE

#### NATURE DE PETIT ROUBIÉ ROSÉ IGP PAYS D'OC, FRANCE (ORGANIC)

GLASS 7.50, CARAFE 18, BOTTLE 22

Salmon pink with aromas of juicy red berries and nectarine on a dry finish.

### RED

#### FINCA CERRADA TEMPRANILLO, SPAIN (ORGANIC AND VEGAN)

GLASS 5.50, CARAFE 14, BOTTLE 18

Blueberry, blackcurrant and plum flavours on a juicy medium bodied pallet.

#### BODEGAS CARELLI 34 MALBEC, ARGENTINA (VEGAN)

BOTTLE 26

Deep purple tones, showing notes of damson, cassis and plums.

#### AUSTRAL CRIANZA, SPAIN (VEGAN)

GLASS 6.50, CARAFE 18, BOTTLE 22

Intense ruby colour, soft and round in the mouth with earthy cherry and cedar flavours.

#### AMASTUOLA CAPOCANALE MERLOT, ITALY (ORGANIC AND VEGAN)

GLASS 7.50, CARAFE 20,  
BOTTLE 24

Rich cherry, spicy plum and herbaceous notes with delicate chocolate like aroma on the finish.

#### CHÂTEAU PETIT ROUBIÉ PICPOUL DE PINET, FRANCE (ORGANIC AND VEGAN)

BOTTLE 26

Green apple, pear and hints of peach, lead to a delicate mineral finish.

#### PENLEY ESTATE GENEVIÈVE - CHARDONNAY, AUSTRALIA (VEGAN)

BOTTLE 30

Grapefruit and white peach aromas are framed in soft french oak providing a creamy citrus finish.

#### CHÂTEAU DE NESTUBY ROSÉ, FRANCE

BOTTLE 26

Elegant pale pink hues. Delicate aromas of raspberry, rose, jasmine and peach.

#### GRUBER RÖSCHITZ ZWEIGELT KLASSIK, AUSTRIA (ORGANIC AND VEGAN)

GLASS 8.50, CARAFE 22, BOTTLE 28

Light in body but packed with peppery cherry flavour. Can be slightly chilled.

#### CHÂTEAU LES TOURS DE PEYRAT VIEILLES VIGNES BLAYE ROUGE, FRANCE (ORGANIC AND VEGAN)

BOTTLE 28


Ripe forest fruits with a hint of coffee and high quality oak on the nose lead to a plush rounded finish.



A FRESH NEW MEETING PLACE FOR ALL DAY DINING. THINK DELICIOUS COFFEE IN THE MORNING, SUPERFOOD COCKTAILS AND GOOD VIBES IN THE EVENING AND A WHOLE LOT OF HEALTHY FOOD IN-BETWEEN.

AT SKINNY KITCHEN WE LOVE TO CREATE DISHES USING HIGH QUALITY INGREDIENTS, OUR FOOD IS CLEAN, NATURAL AND CONTAINS NO NASTY ADDITIVES. ABOVE ALL WE CATER FOR MANY DIETS FROM VEGAN TO GLUTEN FREE AND SO YOU KNOW EXACTLY WHAT YOU ARE PUTTING INTO YOUR BODY WE INCLUDE MACRONUTRIENTS TOO.

WE WANT TO HELP YOU EAT WELL, TRACK YOUR MACROS AND STICK TO YOUR GOALS. IF YOUR LIFESTYLE IS ALL ABOUT HEALTHY FOOD, YOU'VE COME TO THE RIGHT PLACE!

## THE SKINNY KITCHEN

 [www.theskinnykitchen.co.uk](http://www.theskinnykitchen.co.uk)

 The\_Skinny\_Kitchen  The Skinny Kitchen

## THE SKINNY KITCHEN

# DRINKS

## BREAKFAST COCKTAILS

**BLOODY MARY** 7.50  
Vodka, tomato juice, lime juice, Tabasco, Worcestershire sauce, black pepper

**MIMOSA** 6.50  
Classic, strawberry or mango

## SMOOTHIES

**ULTIMATE DETOX** 5.50  
Broccoli, spinach, kale, mango, ginger, apple juice

**ACAI ENERGY** 5.50  
Mixed berries, acai, banana, orange juice

**SKINNY BUNNY** 5.50  
Pineapple, banana, mango, spinach, lemongrass, coconut milk

**SUPERFOOD CITY** 6  
Mixed berries, banana, mango, activated charcoal, flax seeds, chia seeds, almond milk

## PROTEIN SHAKES

**FLEX ON THE BEACH** 5.50  
Banana, peanut butter, chocolate PhD, cacao, almond milk

**JUDY DENCH** 5.50  
Spinach, avocado, banana, vanilla PhD, dates, soy milk

## COLD DRINKS

**CHARI ICED TEA** 3.50  
Red / Mate / Black / Green

**KOMBUCHA** 3.50  
Organic original / Organic ginger / Organic blueberry

**STILL WATER** 1.70

**SPARKING WATER** 1.70

**APPLE JUICE** 2.50

## JUICES

**STRAWBAZZLE** 4.50  
Strawberry, apple, basil

**HANGOVER CURE** 4.50  
Apple, carrot, ginger

**SHERBET LEMONADE** 4.50  
Apple, lemon, lime

**GREEN DETOX** 4.50  
Kale, spinach, apple, cucumber, ginger

**GYM BUNNY** 5.50  
Mixed berries, banana, strawberry PhD, coconut milk

**PROTEIN SHAKE** 3.50  
Chocolate, vanilla or strawberry whey with water or milk and ice

**LEMONAID** 3.50  
Blood orange / Passion fruit / Lime

**BLACK LEMONADE** 4  
Activated charcoal, soda water, fresh lemon, honey

**ORANGE** 2.50

**COKE ZERO** 2.50

**7UP FREE** 2.50

## HOT DRINKS

### COFFEE

ESPRESSO 2

DOUBLE ESPRESSO 2.40

AMERICANO 2.20

FLAT WHITE 2.60

CAPPUCCINO 2.80

LATTE 2.70

MOCHA 3.20

ICED LATTE 3

ICED CHAI LATTE 3

CHAI LATTE 2.80

MATCHA AND ALMOND LATTE 3.50

TURMERIC LATTE 3.50

BEETROOT LATTE 3.50

FAIRTRADE ORGANIC HOT CHOCOLATE 3

Coconut, almond, soy oat milk 50p

**LOOSE LEAF TEA POTS** 3.50

Breakfast tea / Earl grey blue flower / Green tea sencha / Roobios / Lemongrass and ginger / Whole peppermint / Goji berry and pomegranate / Apple loves mint

## SKINNY SUPERFOOD COCKTAILS

**BLACK MOJITO** 8

Barcelo platinum rum, mint, activated charcoal, lime, soda, brown sugar

**ESPRESSO MARTINI** 7.50

Russian standard vodka, coffee liqueur, espresso, honey

**PORNSTAR MARTINI** 8

Russian standard vodka, passoa, sugar free vanilla syrup, passionfruit, lime, Prosecco

**BLOODY MARY** 7.50

Russian standard vodka, tomato juice, lime juice, tabasco, Worcester sauce, black pepper

**DO YOU AVOCADO** 7.50

Barcelo platinum rum, avocado, apple juice, fresh apple, honey

**LADY GARDEN** 8

Cabrito Blanco Tequila, apple, basil, lime, agave, celery

**RYE'D OR DIE** 8.50

Rye whiskey, lemon, goji liquor, grapefruit, grapefruit, honey, rocket

## GIN COCKTAILS

**CUCUMBER REFRESHER** 8

Hendricks, cucumber, naturally light tonic

**ELDERFLOWER AND ORANGE FIZZ** 9

Pink rives gin, fresh orange slices, elderflower and bitter orange naturally light tonic

**GINJA NINJA** 8

Rives London gin, naturally light ginger beer, lime

**MATCHA MADE IN HEAVEN** 8.50

Rives London Dry Gin, Matcha, lemon, egg white, ginger, agave, lemon

**ACAI SMASH** 8.50

Jack Daniels, blueberries, acai, maple, lemon, pomegranate, mint

**SKINNY PINA COLADA** 8

Barcelo platinum rum, Malibu, Bacardi, fresh pineapple, coconut milk, chia seeds

**WINTER IS COMING** 8

Hven winter spirit, apple juice, honey liquor, agave, cinnamon, lemon juice

**ANGEL VIBES** 9

Rives gin, basil, pepper, lime, honey

**WILDBERRY FIZZ** 9

Pink rives gin, berries, pomelo and pink pepper tonic, lime

**GIN AND JUICE** 10

Bobby's dry gin, prosecco, apple juice, lemon

## SPIRITS

### GIN

RIVES LONDON DRY GIN 3

SPIRIT OF HVEN ORGANIC GIN 6

KOVAL ORGANIC BARRELLED GIN 8

BOBBYS DRY GIN 6

PINK RIVES 3.50

HENDRICKS 5

### RUM

BARCELO GRAN ANEJO 4

BARCELO GRAN ANEJO PLATINUM 4

THE KRAKEN BLACK SPICED RUM 3

### TEQUILA

CABRITO BLANCO 4.50

CALLE 23 ANEJO 6

### VODKA

RUSSIAN STANDARD 3

SPIRIT OF HVEN ORGANIC VODKA 6

FAIR QUINOA VODKA 7

### WHISKEY

JACK DANIELS 3

KOVAL ORGANIC FOR GRAIN SINGLE BARREL WHISKEY 8

KOVAL ORGANIC BOURBON SINGLE BARREL WHISKEY 8

SPIRIT OF HVEN ORGANIC SINGLE MALT TYCHO'S 8

## BEER

### BOTTLES

FREEDOM ORGANIC 4.50

PERONI NASTRO AZZURO GLUTEN FREE 4.50

NANNY STATE ALCOHOL FREE 4

CORONA 4

PERONI 4.50

NILS OSCAR BORDSLAGER ORGANIC 33CL 5

HAWKES ALCOHOLIC ORGANIC GINGER BEER 8

URBAN ORCHARD CIDER 5

### DRAFT

FREEDOM ORGANIC LAGER DRAUGHT

HALF PINT 3

PINT 5.50

FREEDOM PALE ALE DRAUGHT

HALF PINT 3

PINT 5.50

## MIXERS

NATURALLY LIGHT TONIC 3

GRAPEFRUIT & ROSEMARY TONIC 3

BITTER ORANGE AND ELDERFLOWER TONIC 3

POMELO & PINK PEPPER TONIC 3

SODA WATER 3

TONIC 3

RHUBARB & CARDAMOM SODA 3

GRAPEFRUIT AND LEMON VERBENA SODA 3

GINGER BEER 3

GINGER ALE 3

COKE ZERO 2.50

7UP FREE 2.50

ORANGE JUICE 2.50

APPLE JUICE 2.50

BLOOD ORANGE LEMONAID 3.50

PASSION FRUIT LEMONAID 3.50

LIME LEMONAID 3.50

KOMBUCHA ORIGINAL 3.50

KOMBUCHA POMEGRANATE 3.50